

# LUNCH MENU

## Grades K-8

### School Year 2015-2016

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1	Whole Grain Rotini & Meat Sauce Steamed Broccoli Applesauce	BBQ Chunky Chicken on Whole Grain Bun Baked Beans Green Beans Mixed Fruit	Beefy Mac Green Peas Whole Kernel Corn Raspberry-Lemon Frozen Juice Whole Grain Bread	Southwest Chicken Nachos/Salsa Black Beans Chilled Pineapple Strawberry Waffle Grahams	Turkey & Cheese on Whole Grain Bun Carrot-Raisin Salad Coleslaw Blended Fruit Juice Graham Crackers
WEEK 2	Whole Grain Cheese Enchilada with Sauce Steamed Brown Rice Whole Kernel Corn Mandarin Oranges	BBQ Chicken Thigh Green Beans Mashed Potatoes Strawberry-Mango Frozen Juice Whole Wheat Bread	Ravioli in Meat Sauce Mixed Vegetables Chilled Pineapple Whole Wheat Bread	Hamburger on Whole Grain Bun Baked Beans Potatoes O'Brien Chilled Peaches	Chicken Strips WG Noodles in Marinara Carrot Sticks Steamed Broccoli Applesauce Whole Grain Roll
WEEK 3	Hot Dog on Whole Grain Bun Baked Beans Carrots Chilled Pineapple <i>A+ for yummy!</i>	Chicken Nuggets Mashed Sweet Potatoes Green Peas Chilled Pears Whole Grain Dinner Roll	Bean and Cheese Burrito with Queso Sauce Whole Kernel Corn Green Beans Orange-Pineapple Juice	Baked Chicken Thigh Steamed Brown Rice Broccoli Scalloped Potatoes Applesauce	Turkey, Ham(Turkey) and Cheese on WG Bread Carrot-Raisin Salad Coleslaw Kiwi-Strawberry Frozen Juice
WEEK 4	Hamburger on Whole Grain Bun Baked Beans Whole Kernel Corn Grape Juice	Baked Chicken Thigh Green Beans Potatoes Au Gratin Chilled Peaches Whole Grain Bread	Huevos Rancheros with Diced Potatoes and Green/Red Peppers Mandarin Oranges Whole Wheat Tortilla	Twisted Mac & Cheese Steamed Broccoli Carrots Strawberry-Mango Frozen Juice Whole Grain Roll	Chicken Strips Diced Sweet Potatoes Mixed Vegetables Chilled Pineapple Whole Grain Bread

1% Low-fat milk or fat-free chocolate milk served with all meals

*Kids love our new slushies made from 100% fruit juice!*

