- Training
- County Games
- Area Games
- State Competition

	January	February	March	April	May	June	July	August	September	October	November	December
Athletics	Training	Training	County Games	Area Games	State Competition							Training
Bocce	Training	Training	County Games	Area Games	State Competition							Training
Cycling	Training	Training	County Games	Area Games	State Competition							Training
Tennis	Training	Training	County Games	Area Games	State Competition							Training
Soccer	Training	Training	County Games	Area Games	State Competition							Training
Volleyball	Training	Training	County Games	Area Games	State Competition							Training
Equestrian	Training	Training	County Games	Area Games	State Competition							Training
Aquatics						Training	Training	County Games	Area Games	State Competition		
Surfing							Training	Training	State Competition			
Golf						Training	County Games	Area Games	State Competition			
Bowling							Training	Training	County Games	Area Games	State Competition	
Gymnastics							Training	Training	Training / County Games	Area Games	State Competition	
Powerlifting							Training	Training	Training / County Games	Area Games	State Competition	
Softball							Training	Training	County Games	Area Games	State Competition	
Flag Football									Training	Training	Area Games	State Competition
Basketball	Area Games	State Competition									Training	Training
Stand Up Paddle	Training	Training	Training	Training	Training	Training	Training	Training	Training	Training	Training	Training